
LIVE HEALTHY WITH HOMOEOPATHY

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1 - About Homoeopathy

There are different kinds of systems of medicine in the world such as Allopathy, Homoeopathy, Ayurvedic, Unani, Issopathy etc. Each system has its own speciality, usefulness and limitations.

The word Homoeopathy is of German origin. Homoeo means similar and Pathy means suffering so it means similar suffering. Basic principle of homoeopathy is "like cures like" i.e. *Similia Similibus Curenture*

Homoeopathy was found in Germany in the year of 1790. The founder was Dr. Semual Haneman. He was M.D. in Allopathy. Initially Dr. Haneman has started in practice of allopathy during that he experience that most of the patients was comes back with the same complains because of this he was not satisfied with his practice he thinks treatment should be such that cures the diseases.

He was brilliant & along with medical practice he was doing job of translation from English to German language. During this job he comes to one article that if juice of cinconabark—quinine if given to normal healthy person he will develop symptoms of malarial fever he could not except this fact so he decided to prove this phenomena he himself as a healthy person he starts to take juice of cinconabark & he develops symptoms of malaria while he discontinue to take it symptoms of fever disappears this confirms law of similar in his mind so one can says that cinconabark proves for Dr.Haneman as falling of an apple for Newton.

Officially he presents article of cinconabark in "Hufelands Journal" in 1970. After Dr Haneman, number of other doctors has done research work on the principle of homoeopathy like cures like & find out more than 2500 medicines. After being birth in West Germany homoeopathy spreads all over the world.

2 - Arthritis & Disease Related To Bone

Arthritis:

Inflammation or swelling of a joint along with pain is known as arthritis.

Causes:

While the primary cause of the disease remains obscure, it may arise as a result of the interplay of a number of factors. These factors may be genetically determined while others may be of environmental origin.

Two of the most common causes are Rheumatoid & Osteoarthritis. Various factors like Heredity, Obesity, Injury and Stress may play crucial part. Few other causes can be infection from different bacteria, rheumatic fever, gout, tuberculosis and psoriasis.

Clinical Features:

- | Swelling
- | Pain
- | A general feeling of stiffness & restricted movement
- | Redness in joint
- | Deformity of joint later on some times there may be numbness
- | Loss of appetite
- | Low grade fever, Loss of weight & General sense of being unwell

Following are the related diseases

- A Rheumatoid Arthritis
- B Osteoarthritis
- C Cervical Spondiolitis
- D Sciatica
- E Osteoporosis
- F Frozen Shoulder

Treatment:

Generally symptomatic treatment like pain killer, anti-inflammatory drugs, steroid, chemotherapy etc. for arthritis is prescribed by the doctors, which is a temporary relief for the patient. If the root cause is not cured in time then there can be intense attack of the disease, leading towards deformity.

Our treatment provides curative mode of treatment by enhancing body resistance power.

A - Rheumatoid Arthritis:

It is a chronic inflammatory condition affecting the joints besides some other systems. The condition may be momentary but if it occurs continuously, it can lead to joints damage and disability. It affects joints, muscles, lungs, heart, nerves, immune systems, blood and eyes.

Causes:

Not clearly determined but are related to immune system. Hereditary tendency is prominent. Mental stress can be a precipitating factor.

Clinical Features:

- | Joint pain with swelling and stiffness especially in the early morning.
- | General weakness.
- | Low grade fever.
- | Loss of appetite.
- | Depression may be an associated symptom.
- | Later on if not treated or cured with effective homoeopathic medicine, it can cause stiffness and deformity of joints.

Treatment:

Rheumatoid arthritis is an autoimmune disorder. With over 24 years of experience in treating patients, now we have well proved treatment for curing the same, which is visible with our proven track record. The most of the patients, who have undergone treatment for required duration with suggested diet restrictions, are cured.

Investigations:

Mainly three lab investigations help assess intensity of this disease are:

1. **R.A. test**
2. **C-R.P. test**
3. **A.S.O. titer**

We have treated patients having +ve on above three investigations and later investigations of the same is found as -ve. In other words, we have overcome common belief of disease being incurable.

Cases

Mrs. Kailash K. Patel, Mehsana – 45 years, was having severe arthritis, pain, pulsation, swelling and severe stiffness in all the joints. She also had frequent attacks of mumps, fever, bleeding in mouth and extensive rashes on skin. Her laboratory investigations were positive for ANA & CRP. She took treatment of Rheumatologist & Other homeopathic doctors for 3 years but there was not sign of improvement in her conditions. After taking our treatment for 24 months, her condition has improved to large extent and she has started enjoying life once again.

Mrs. Kunjal Mehta, Ahmedabad – Young 28 years lecturer in engineering college was having rheumatoid arthritis, pain in all joints with swelling, routine activities was very painful, taken much allopathic treatment, steroids and chemotherapy but was not relieved. Finally she took our treatment for six months, and got free from all the complaints. Her RA test before treatment was positive, which also found negative after treatment.

Mr. Jignesh K. Solanki, Ahmedabad – Young 22 years pharmacy student was having pain and severe stiffness in all joints since two years, his laboratory test CRP was 133 mg/L. He underwent allopathic treatment, but instead of relief stiffness and pain got worsen. Got cured by our 8 months treatment and CRP test got negative i.e. 0.7 mg/L.

Mrs. Kamla B. Patel, Ahmedabad – Age 53 years, having polyarthritis with stiffness & swelling. She took steroids and pain killers but not relieved, joint started deforming so stopped taking allopathic medicines and taken our treatment. As a result she got out of all unmissable complaints. Even after discontinuing our treatment disease is not relapsed.

Miss Jamila U. Punawala, Kadi, Age 35 years, having rheumatoid arthritis, severe pulsating pain. She was not relieved even after higher analgesic drugs, steroids and ayurvedic treatment of well known doctors. She got cured with our treatment.

Miss Rahi Vaghela, Ahmedabad - Age 4 years, this child was diagnosed as Juvenile rheumatoid arthritis. Her CRP was positive – 280 mg/L, having severe pain, stiffness and swelling in all the joints. Later on deformity in feet and ankle was also seen. She took much allopathic treatment of rheumatologist consisting of steroids and chemotherapy but no improvement seen. Later on she took treatment from us for 18 months and now she has improved by a large extent.

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Mrs. Sangita Ramnani: age 45 years, was having pain & swelling in all the joints along with stiffness. It was difficult for her to do routine activities. She tried treatment of leading rheumatologist of India (Mumbai). She was given higher analgesic drugs, chemotherapy injections and steroids tablets. In spite of all these, her complaints only increased day by day. Stiffness and rigidity started in all the joints. Moreover, the side effect caused increase of 15 kgs in the body weight. She was in search of proper therapist and treatment. She came to know about our treatment. She took the treatment for 1 year as a result of which she is much relieved. R.A. test and A.S.O. titer also became negative. Her R.A. test was very high -827 iu/ml before our treatment. After our treatment RA test got negative (14.9 iu/ml) even after discontinuing treatment for 3 years complaint does not relapse. Now she is able to do her all routine activities without any pain. Her body weight also came back to normal.

B - Osteoarthritis:

It is a degenerative disease, where there is a loss of cartilage between two bones followed by reduction in the joint space.

Clinical Features:

Mainly affects weight bearing joints like knee joints and vertebrae pain develops slowly. Usage of affected joints increases the pain. Stiffness in morning and after sitting for a long time.

There can be joint deformity at an advanced stage, if not cured at an early stage.

Cases

Mrs. Bhagwati N. Thakker, Deesa- Age 65 years, was having extreme pain in knees and lumbar regions, due to osteo-arthritis. She got relieved from all complaints after taking our treatment.

Mr. B.B. Solanki, Ahmedabad – 78 years old retired Income Tax officer was having osteo-arthritis in both knee joints. His walking and stair climbing movement was very painful. He took allopathic and ayurvedic medicines from renowned doctors but all this failed to make him relieved from his complaints. He got cured from our treatment and even after discontinuing the same, since August, 2006, he is not having any further complaints.

Mrs. Madhuben B. Padhiyar, Ahmedabad – 35 years, was suffering from Osteo-arthritis of Knee, Ankle and hip joints. She got cured with our treatment.

Mr. Ajitsinh B. Mahida, Ahmedabad – 72 years retired AGM of Central Bank of India, and his wife Rekha Mahida both having osteo-arthritis of both knees and other joints. Due to that, their walking and other activities were much painful. Later on they thought of going for knee replacement surgery also but after taking treatment from us their all, the complaints are resolved without surgery.

Mrs. Pragna J. Shah, Ahmedabad – 45 years, suffering from pain in knee and both legs and could not even walk for long distance and difficult to climb staircases for more than 10 years. She tried lots of allopathic and ayurvedic medicines, which failed to reduce her pain. She got our treatment for 14 months and her pain got completely relieved and now she can walk long distance and life has become easier for her.

Mrs. Hemlata Bhatt: age 45 years, a service woman, utters that “I was suffering with **Osteoarthritis** of left knee joint. As per the report of radiologist there was reduction in joint space. Due to this I was having huge swelling, unbearable pulsating pain with stiffness. I tried with allopathic, ayurvedic and other complaint of severe pain and swelling in both her knees. After X-ray report, many doctors of Ahmedabad suggested knee replacement surgery. But after having 2 and a half year long treatment of Dr.Shah, now she has no complaint one year after discontinuation of treatment.

Mr. Govind V. Patel : residing at 86, ELEZABETH W. DR ATP # 8, ADDISION IL-60101, USA. Status that “ I have got completely cured of pain in my knees (osteo arthritis) after taking treatment of Dr. Shah.

Mrs. Dakshaben S. Shah : I have got cured of 1 year old knee pain after taking treatment of Dr. Shah and I have no complaint, 6 years after the discontinuation of treatment.

Mrs. Bharat B. Pandya : My mother Pushpaben was have complaint of severe pain and swelling in both her knees. After X-ray report, many doctors of Ahmedabad suggested knee replacement surgery, But after having 2 and half year long treatment of Dr. Shah, now she has no complaint five year after discontinuation of treatment

Mr. B. Patel: My wife Lakshmiben had severe pain and pulsation in left knee, right feet and shoulders. X-ray report and ASO TITER test diagnosed it as **Osteo Arthritis** and we tried treatment of many orthopedic doctors but result was negative. Finally she took treatment of Dr.Shah for 7 months and now she has no complaint in her routine life.

Mr. P. H. Patel: My wife had severe pain and pulsation in her knees and couldn't bend them. We tried too many treatments from various doctors but couldn't get permanent solution. Finally, she took 6 months long treatment of Dr. Shah and got permanently relieved of all her pains.

Mr.N.P.Damor: Both my parents had been suffering from joint pain, swelling and stiffness. We tried various treatments for this but it increased problems.

C - Cervical Spondylosis :

It is a condition where the cervical nerve comes under pressure between vertebrae. Because of this, one suffers severe pain in the nape of neck that goes down to one or both the arms, many times up to the fingers.

Due to this, there can be tingling and numbness.

Care to be taken:

- | Sleep on a firm mattress.
- | Improve posture. Stand and Sit Straight.
- | Keep your back straight when working on a bench or on a table.
- | Keep the cushion between back and chair when sitting in a chair or while driving.

Cases

Mrs Rita A. Pandya: Meghaninagar, Ahmedabad had been suffering from cervical spondylosis for last 20 years. Unbearable pain in cervical region was radiating to the back part of head, both the shoulders and both the arms. The pain was so severe that she was not in position to do any work and also cried due to it. Even worse, she was in the state of depression due to this incurable condition. After the advice of her relative, she started our treatment. Relief was there after she took regular treatment. Her cervical spondylosis got cured completely and permanently. There is no pain for more than last 10 years.

Mr. Sumatilal S. Soni: a retired deputy collector says that "My wife was a patient of arthritis and **cervical spondylosis**. She had pain in neck and fingers. When many doctors recommended operation, Dr.Shah's treatment gave her great relief and freedom from pain."

D - Sciatica:

This pain that runs down from the lower back to the thigh, leg and foot, is the result of the compression of the sciatica nerve at the base of spine. The pain could be dull, sharp, shooting or burning, continuous or episodic. Numbness is very likely in the affected part. Walking and even standing posture is also painful for such patients.

Care to be taken:

- | Improper posture predisposes pain in sciatica. Improve your posture to prevent strain and loss of flexibility of spine.
- | Avoid any jerky movement of the back.
- | Sleep on a firm mattress.

Cases

| **Mr. Jayantibhai Modl:** age 70 years, says that "I had both the limbs affected with **sciatica** and was in bed for around 2 months. During that period I had unbearable pain and my family members were also worried. All other modes of treatment failed to solve my problem. I got out of this miserable condition with the treatment of Dr.Shah in a period of 60 days only. Now, I am able to carry out my routine work with no complains and my family is also happy, since last 3 years. I am really grateful to Dr. Shah and wish all success to him."

| **Mr. N. K. Thakkar:** a retired govt. officer(T.D.O.) says about her wife that "She had severe pain in waist and legs due to sciatica before she got cured by Dr.Shah's treatment."

| **Mr. Dineshbhai M. Patel:** I had been suffering from severe pain in right thigh that was diagnosed as **sciatica**. My son, Pratik at very young age had severe pain, swelling and pulsation in all his joints and he got cured by 3 months long treatment of Dr.Shah.

Mrs Vimala R. Patel: was completely cured after 4 months of treatment in the left sciatica pain.

Mrs. Jaya V. Rajput, Gandhinagar – 75 years, was suffering from sciatica lumber pain, was even unable to walk without support of stick. Now, after our treatment, her sciatica pain is relaxed and able to walk even without support.

Mr. K. N. Patel, Kadana (Panchmahal) – 65 years, was suffering from sciatica and osteo-arthritis in knees. He got relieved by our six months treatment and has referred us more than 20 patients having similar sufferings.

Mrs. Madhuben F. Rathod, Ahmedabad- 50 years, had severe pain in spine. She undergone lots of treatment from other doctors but no success achieved. She got relieved from our six months treatment.

E - Osteoporosis:

It is thinning and weakening of bones due to loss of calcium. This causes the bone to become more susceptible to fracture. Women, who have passed the menopause, are the principal sufferers of this problem. It may affect people, who are in their mid-twenties.

Causes:

- | Post menopausal (Imbalance in Hormones).
- | Due to drugs like steroids.
- | Due to chronic diseases of liver, kidney, thyroid or mal absorption
- | Syndrome - where calcium is not absorbed properly.
- | Heredity.
- | Prolonged immobility because of paralysis or illness can cause calcium loss.

Clinical Features:

- | Backache
- | Stooped posture

- | Easy Fractures and deformity
- | Loss of height
- | Pain in joints

F - Frozen Shoulder:

It is the restriction of motion of shoulder joint in all directions. It might be due to prolonged immobilization, lack of exercise, disabilities or old age. Restriction of motion is associated with pain and tenderness of shoulder joint. Pain and stiffness may extend to the neck and the upper arm.

Cases

Mrs. Bharatidevi R. Pandya: 50 years from Dhambola, Rajasthan suffered severely from frozen shoulder. The pain was unbearable in the right shoulder before she got relieved completely by our treatment.

Mr. B. V. Shah: age 65 years, F/O a Lecturer in Pharmacy college, reports that "I was really tired and frustrated with complain **frozen shoulder**. I could not lift my right arm even an inch. I was treated by leading orthopedic surgeons but they all failed to get ride of my problem. But with the 7 months treatment from Dr.Shah, today I can lift my right arm fully with out any pain."

3 - Urinary Stone

Homoeopathic medicine facilitates easy passage of stone. In our 24 years of experience stone up to 22 mm has been passed in urine. Before going for surgery, lithotripsy, P.C.N.L. or other mode of treatment if patient takes our treatment, the stone may pass out without any adverse effect on kidney or urinary tract. Also the reformation of stone can be prevented.

Causes:

Exact cause is unknown but many theories have been put forward related to causes of stone:

- 1) **Diet:** If the diet is deficient in vitamin A, the person gets prone to formation of stones.
- 2) **Infection:** When there is an infection present in the urinary tract, pus cells work as nuclei around which salts are deposited and forms the crystal. Many crystals unite to make up a stone.
- 3) **Obstruction to urinary flow:** The enlargement of prostate, stricture of ureter or urethra obstructs the urinary flow that eventually allows salts to collect to form the stone.
- 4) **Immobilization:** When the patient does not move about i.e. lying stationary in bed for a long time as in fracture esp. of the spine, caries spine, sciatica, general debility and paralysis i.e. whenever a part is kept at rest for long time it undergoes wasting, calcium and bones starts coming in the blood where it increase in the blood it start to coming in the urine and it causes concentration of the more calcium leading to the formation of stone.
- 5) **Hyper-parathyroid:** Calcium metabolism is under control of parathyroid glands while activity of this gland increases It removes the calcium from the bones. This calcium comes in the kidney and forms the stone. They are multiple and bilateral.
- 6) To some extent stone formation may be due to heredity.
- 7) Poor kidney function because of certain causes there are chances of decline in kidney function which causes deposition of salts in urinary tract. These are the root causes of the crystal formation if these crystals do not pass in the urine it gets united and form a stone.

Types of Stone:

1. **Calcium Oxalate Stone:** They are usually single, small and hard. They are opaque to x-ray. Painful stone it may causes bleeding.
2. **Phosphates:** Large stone, although they are very large, they

are painless.

3. **Uric Acid :** They are multiple small and yellowish stones. These are the only stones which do not appear in x-ray.

Clinical Features:

- 1) **Pain:**
 - A) Severe colic pain in abdomen & pelvis
 - B) Dull pain in the kidney area, pain may be from kidney up to the bladder region. The pain may extend to the penis, testicles and inner side of thighs.
- 2) **Pus, Blood and Protein (Albumin) in Urine.**
- 3) **Silent Stones:** They may be large and bilateral even then they may not be giving any symptoms they are commonly the phosphate stone.
- 4) **Nausea with or without vomiting.**
- 5) **Fever.**
- 6) **Painful urination or burning in urethra.**

Investigations:

1. X-ray or sonography
2. In some case if the clinical diagnosis is sure but stone do not visualize in x-ray and sonography, CT scan may be helpful.
3. Urine examination for blood, pus cells, protein and crystals

Do & Don'ts:

1. Sedentary habits should be avoided and exercise especially walking should be encouraged.
2. The pain may be relived by a hot application on pain full part or long continue bath.
3. If partner of patient has having urinary tract infection must be treated otherwise cross infection might be cause for reformation of stone.
4. Stone formation is a gradual process extending over a long period of time and once a tendency to a stone formation has develops, it will persist through out the life.

Treatment:

- A. By open surgery
- B. Lithotripsy
- C. Urethroscopy
- D. By Homoeopathic treatment

Measures other than homoeopathic treatment can remove stone but it's not a permanent remedy i.e. the normal function of kidney must be restored. This can only happen with our medicines. We have large of numbers of cases which are cured and haven't relapsed even after 1 to 22 years.

Cases

Mr. B. P. Khant: age 26 years, had bladder stone of 27 mm, passed out within 8 days. No reformation of stone, since 1988.

Mr. B. H. Patel: age 21 years, had left kidney stone of 20mm, passed out within 3 months. No reformation of stone, since 1990. Mrs. Parmar, age 42 years, had right kidney stone of 15 mm, passed out within 10 days. No reformation of stone, since 1992.

Mr. Jayantilal U. Jain: Abu Road, Rajasthan, age 48 years, had one stone in left kidney of 9mm and one stone in right ureter of 8x9 mm, both passed out within 25 days. No reformation of stone, since 1988.

Mr. P. F. Pargi: an education officer, had recurrent crystal formation from 1990-1996 and also had persistent irresistible kidney pain. No further recurrence of crystals after a treatment of 6 months, since 1996.

Mr. Dipak R. Thekdi: The deputy engineer of water irrigation department, Gujarat State, was suffering from the problem of kidney stones and ureteric stones of various sizes since 1980. He had treatments like Operations, Lithotripsy, Urethroscopy in some of the famous kidney hospitals of big cities such as Ahmedabad, Vadodara etc. He also tried with Water Softener to avoid the salt in the water. In spite of all these efforts the problem was still there. Because of constant reformation, he

had severe pain, urine problems, cold with fever, weakness. Moreover, lots of allopathic medicines caused acidity and vomiting. At last, 12 stones passed out through urine with the help of our medicines. There are no signs of reformation since last three years and he is living a happy life.

Hetal R. Dhuvad: She was having a 9 mm stone stuck at the junction of right kidney and the ureter. She was advised for an emergency operation due to increased size of the kidney. But with 3 months of our treatment the stone passed out and kidney started functioning normally.

Mr. Amit Parmar[B.Pharm]: This pharmacist had problem of stones in both the kidneys that got cured with our treatment with no report of reformation since then.

Mr. M. M. Kadiya: This citizen of Vadodara had stones in both the kidneys. Tried too many things but got no results till he came to us. All the stones from the kidney and the ureter passed out.

Mr. K. M. Jadav: Ahmedabad, His problem of kidney stone and urethral stricture got cured by our treatment. Today even after 7 years, he has no complain. Kidney stone of his nephew was also passed out by our medicines.

Master Samarth K. Patel: This 5 year old boy was having 8 mm stone in right kidney and 7 mm stone in left ureter. Because of the severe pain the child couldn't stop crying. His parents were not ready to have a surgery at this young age of the child. Both the stones passed out after having 4 months of our homoeopathic treatment. Even after 2 years since the treatment got over, he is living happily without any complain related to stone.

W/O Mr. Vasantbhai Parmar (Malad(W), Mumbai): She had been suffering from recurrent kidney stone for long. With the help of our treatment, the stone passed out in just 10 days. Moreover, she declares with grace that even well-known urologists of Mumbai failed to cure her problem that got cured

with 10 days of treatment of Dr. Rajesh Shah. This is a great achievement of Dr. Shah.

Dr. Sandip Shah: He declares that her wife was having stone obstructed at junction of right kidney and ureter. According to the opinion of leading urological hospitals of Ahmedabad, it was almost impossible to get away with the problem without surgery. In this critical situation, Dr.Sandip heard about successful treatment of Dr. Rajesh Shah. So he tried with that and got succeeded. The stone passed out within 3 months of treatment.

Master Krunal H. Rupala: At very young age of 3 years, he had stone of 8 mm in the right kidney which got passed out within 27 days. No reformation of stone, since 1993. Today he is enjoying a happy life with his family at Surendranagar.

Mr. H. O. Shah: Ahmedabad, He had right ureteric stone of 18x9 mm. According to the expert doctors of Civil Hospital, Ahmedabad, surgery was must in that case. But the stone passed out within 2 and half months by our treatment. No reformation of stone, since 1988.

Mr. S. Variya: Kidney stone of 26 mm got passed out on 10/07/1987 after 3 months of our treatment. Even today after 19 years, Mr.Variya has no complain of the same.

Mr. M. K.Kureshi: Age 65 years, Mahesana,Two kidney stones of 15 mm and 7 mm got passed out within just 15 days of our treatment.

Mr. J. M. Panchal: Left kidney stone of 15mm, passed out and no reformation since 13 years that was possible with 4 months of our treatment.

Mr. M. S. Bamaniya: This young farmer was not able to live his normal life due to intolerable pain of recurrent stones for last 10 years. At last he got out of this hell when his stone passed out within 2 days of our treatment and as a result of our 6 months treatment, now he has no complain for last 10 years.

Mr. M. K. Mina: Two big sized stones of left kidney, passed out by our treatment. Mr. Mina got rid of painful condition of stone. He has no complain of stone even after 14 years.

Mr. D. V. Gajjar: Ahmedabad, This officer of Reliance Industries, Ahmedabad got rid of kidney stones after 2 months of treatment. Due to his satisfaction with the treatment, he has sent about 100 patients of stone to us in last 17 years.

Father of Prof. R. C.Garg: Rajasthan, He had left kidney stone of 20x13 mm that passed out within 10 days. No reformation of stone, since 1995. Because he was satisfied with the treatment he continues giving our reference to patients of kidney stone from his territory of Rajasthan.

Mr. H. C. Upadhay: Senior government officer, Gandhinagar was having stone that got passed out by our medicines. His brother was also having stones. He took our treatment and got rid of stones.

Mr. P. P. Prajapati: a building contractor of Himmatnagar, was having stone formation every 2-3 months since 8 years. These stones passed out by treatment of Dr. Shah with no reformation of stones even after 11 years.

Mr. Girish. R. Prajapati: Suffered with 15 mm stone in kidney that was passed out by our 15 days medicines. No reformation reported.

Mr. Badamilal G. Prajapati: Rajasthan, presently working at Kuwait, was having severe pain due to 12 mm stone in the right kidney. He took treatment in Rajasthan, from leading urologists of Gujarat and also in Kuwait but was not relieved. At last, after 20 days of treatment stone got out through urine and there has been no complain for last 5 years.

Mr. Girish Suthar: was having stone in kidney and ureter. The stone came out by our treatment and there is no relapse since 7 years.

Mr. B. B. Prajapati: of Surat had big stone in kidney. It got removed by our 1.5 month medicines.

Mr. D. M. Kotval: was having 18 mm stone in left ureter. He was admitted for surgical removal of this stone but after the advice of his relatives and our satisfied patients, he started our treatment. At everyone's surprise, stone passed out through urine with in 4 days only.

Mr. N. D. Vasita: Ahmedabad suffered for long with kidney stone. Stone passed out by our treatment and no complain since 3 years.

Mr. Thakorbhai Ishwarbhai Patel: Anand, His complain of stone was for 8 years. Stone passed out by our 1 month medicines. There is no relapse of stone since last 9 years.

Mr. N. M. Sagathiya: Ahmedabad, According to sonography report there was 1 stone in the right kidney and 1 stone in left ureter. Both the stones came out with in 15 days of our treatment. Today he is enjoying painless life since 3 years.

Mrs. Rukmani Kalasua: Udaipur, Rajasthan had 2+2 stones in sonography report which passed out by our 2 months treatment.

Mr. Ladumor: working as an X-ray technician at Saradabai Municipal Hospital, Ahmedabad has 8 mm stone. It was obstructing in the right p-u-junction (junction of kidney & ureter). Many leading surgeons declared that stone could not be removed with out surgery. At last, it passed out by our treatment and also other 4-5 mm stones of both kidneys also came out.

Mr. A. R. Patel: Anand, Gujarat had 10 mm stone in left mid ureter that passed out by our 10 days medicines. There is no further stone since 5 years.

Mr. R. A. Patel: deputy engineer in state govt. from Unja, Gujarat was having 18 mm stone in kidney that passed out.

There is no recurrence since 9 years. His daughter Dipti was also benefited in stone by our medicines.

Mrs. Kalaben T. Solanki: Ahmedabad, had also been suffering from kidney stone for a long time. After our treatment she is alright now.

Mrs. Ranjan B. Gadhavi: Idar, Gujarat had 6 mm size stone obstructed at right kidney and ureter junction. This caused dilatation of right kidney and severe agonizing renal pain. The stone passed by our treatment in 2 months. According to sonography report, dilatation of kidney also got normal.

Mr. S. R. Solanki: Surendranagar, Gujarat had sonography report that showed total 6 stones in kidneys. In the right kidney they were of sizes 9, 7 and 5 mm while 5, 7 and 8 mm in the left kidney. All these 6 stones came out by our medicines. Dilatation of kidneys also disappeared according to the follow-up sonography report.

4 - Gall Stone

Gall stone are small hard crystal like deposits which develop in the gall bladder or in the bile duct. Bile is the digestive juice produced by the liver and stored in the gall bladder which is a small pear, a shaped organ. Bile is mainly made up of cholesterol and bile acids.

Symptoms:

- | Pain in liver region
- | Eructation
- | Vomiting & gas

Types of Gall Stone:

1. A Cholesterol stone
2. Pigment Stone
3. Mixed Stone i.e. pigment and cholesterol

Causes:

- High cholesterol
- Some infections or disease like sickle cell anemia or malaria
- Gall bladder infection
- Obesity
- Certain liver diseases

Clinical Features:

- Sudden pain in the right and upper part of abdomen
- Nausea and vomiting
- Loss of appetite
- Dark urine
- Obstructive Jaundice

Treatment:

The main cause of gall bladder stone is its weak functioning, causing residues of the liver juice. Our treatment cures this and due to improved functionality new formation of stone can also be prevented. Even if the stone size is bigger than diameter of common bile duct, patient may not have to undergo surgery.

If stone gets obstructed in common bile duct and develops obstructive jaundice, patient may have to exercise surgical options.

Cases

Mrs Kantaben Thakkar: bhuj was having multiple small stones of 4 to 5 mm in gall bladder. She also had complaint of heaviness in the upper part of abdomen, nausea, vomiting, hyperacidity and general discomfort. She tried allopathic treatment but there was no satisfactory relief. At the later stage she was advised for removal of gall bladder which she denied. She took our medicines for 8 months. At the end of which sonography was done. All 20 small stones of gall bladder were passed out.

Mrs. Jayaben Thakker: bhuj tried our treatment for multiple small gall bladder stones and stones passed out.

Mrs Jyotika Solanki: had sonography report with multiple gall stones along with complain of vomiting, gas, weakness, eructation. She took our treatment and her complains related to gall stones were relieved. Sonography report after our 10 months treatment showed remarkable reduction in gall stones as well.

Mr. K. R. Bhatia: was having gall stones he took our treatment & gallstones were pass out.

Mr. Suresh T. Kothari, Mumbai – 45 years, was having multiple gall stones, largest one was of 15 mm. He was having severe complaints of gas, acidity, fullness of abdomen and indigestion since long. He also was advised to undergo surgical removal of gall bladder but with our treatment for six months and all his complaints got relieved. As per the latest sonography, no stones reported.

Mrs. Shakuntala G. Joshi, Ahmedabad – 60 years, had gall stone of 7 mm, which got passed out with our two months treatment otherwise she was strongly recommended for surgical removal of gall bladder by doctors. At present, she is not having any complaints regarding gall stone.

Mrs. Daxa N. Shah, Ahmedabad – 67 years, having multiple small stones and biliary slug in gall bladder, took our treatment and stone & slug passed out and not even reported in the follow up sonography reports.

NOTE : Most of our patients having gall stone, got relieved from complaints and need not required to go for removal of gall bladder.

5 - Skin Care and Homoeopathy

Fit body is a prerequisite for good skin

Skin diseases take some time to heal so one has to be patient

For best result follow instructions about medicines, diet and physical activities

Never stop or alter treatment without advice even though you may seem to be absolutely cured.

For skin diseases we are giving oral medicines and if required advice external homoeopathic ointment and oil to our patients.

Skin diseases are result of internal dregment so it should be cured from within and not only from external surface of the body.

It may require more or less time for cure. Sometimes 663++ certain skin disorders can relapse. Still you should go for homoeopathic medicines to save yourself from side effect of other modes of treatment.

A - Psoriasis:

Psoriasis is an inflammatory dermatitis. They are red, circumscribed, scaly patches that can appear anywhere on the skin, scalp, palm, soles and nails. It usually affects both sides of body symmetrically. Special sites are elbow, knees, sacrum and occipute[back part of scalp].

Psoriatic arthritis: In some cases of psoriasis, joints are affected. There can be pain, swelling and stiffness in the affected joints. Nails become pitted and thick with black discoloration.

Causes:

Not clearly known.

Possibly genetically determined. Due to some genetical changes in white blood cells the generation of new skin tissues increases. These extra tissues are seen in the form

of patches on skin.

Heriditary history in 6.5% cases.

Age. It can start at any age

Precipitating factors are

Psychological emotional stress

Alcohol

Thyroiditis

Diabetes

Over use of steroids

Certain medicines like anti malarial & beta adrenergic blockers

Treatment:

We have been treating psoriasis by encouraging body resistance power and without any side effects. Patient may require long time treatment but it's safe and can prevent future complications. In case of psoriatic arthritis results are nearly 100% in our 18 years practice. Chances of relapse of disease are there but the patient feels better with our treatment then the previous allopathic or ayurvedic treatment.

Cases

Mr. Rakesh H. Danak, Bharuch – 30 years, was suffering from sever psoriasis for more than 10 years. He took all kinds of treatment but ended up with no improvement & was even frustrated due to this. Lastly, with our treatment, he got totally cured and reduced weight, which he gained due to steroids.

Mrs.Usha Patel: Abvel, ta. Kapadvanj, Gujarat, She was suffering from diffuse psoriasis since 10 years. She had very thick patches all over body with severe itching, ozzeing sticky discharge on scratching. She tried many allopathic treatments, ayurvedic medicines but instead of relief strength of disease increased day by day. After our treatment of 1.5 years she got cured completely and now there is no relapse since 5 years.

Mr. Arun C. Patil: Head constable in S.R.P, Ahmedabad, Gujarat, He suffered from psoriasis all over the body along

with pustules on legs for 20 years. He also had joint pain, a case of psoriatic arthritis. He took many treatments of all modes of therapy of leading doctors. He was also admitted in well reputed hospitals but nothing solved his problem. After reading our article on psoriasis in news paper came to us and took regular treatment. He got relieved a lot in both psoriasis and psoriatic arthritis. There was relapse in disease for 4 times but intensity kept decreasing every time. Now he is much better. Side effects of steroids also started disappearing by our treatment.

Mr. B. B. Machar: Sajjanghadh, Bansvada, Rajasthan He suffered from severe diffuse psoriasis all over the body and scalp for a long time. Many well known skin specialists failed to cure. At last after the opinion of our old patient he started our treatment. As a result of our 8 months regular treatment he got cured completely. No relapse has been reported for 10 years.

Mr. Mukesh Prajapati: Talod, Gujarat, He had been suffering a lot with psoriasis since 1990. He had already taken allopathic treatment of skin specialist of Ahmedabad but was not benefited. On the advice of his friend he started our medicines and psoriasis of whole body was relieved 100%. There has been no relapse since 1993 even after the discontinuation of treatment.

Mr. I. M. Panchal: He got cured completely and permanently after our treatment and there is no further complaint for last 11 years.

Mr. Isharlal Panchal: Kuwait, He works in the hot climate of one of the gulf countries, Kuwait. He suffered from psoriasis and got cured after 11 months of treatment.

Mr. Bhavin Gandhi: Ahmedabad, Gujarat, He suffered due to psoriasis on scalp and scattered patches on body. He had already taken all types of therapy before he came to us. Today he has got relieved a lot due to our treatment.

B - Leucoderma And Vitiligo

Leucoderma is a chronic pigmentary skin disorder that has a promising treatment in homoeopathy. Vitiligo is more commonly known as Leucoderma, which means white (Leuco) skin (Derma) i.e. a skin disorder in which the skin loses its normal color.

Causes:

leucoderma is an autoimmune disease hence exact cause is unknown

Melanocytes produce melanin that is required for skin colour. Due to retarded melanin formation, there is a loss of pigmentation. The upper layer of skin loses its color and becomes white (colorless)

Males and Females are affected equally inclusive of children. It can occur at any age.

Features:

It starts from a single white spot and gradually there are multiple white spots. In some cases whole skin may lose the color

Treatment:

Leucoderma can be effectively treated with homoeopathy. We have successfully cured cases of leucoderma. Our medicines encourage melanocytes function to produce normal melanin which cures Leucoderma. As a rule homoeopathy never looked at leucoderma as a local disease. Leucoderma has been considered as a local expression of a system disturbance. We are giving constitutional remedy after having proper analysis and evaluation of patient's case history.

Chances of cure are dependent upon the following

A. Duration of Diseases

Those cases of recent origin respond much better than ones

that are more than 10-15 years old. Kids and young patients have shown better results in our experience.

B. Extent of spread

Single or some spots (2–10) respond much faster than those that are very large (More than 7 inches in size). The cases with generalized spread and affection on fingertips, toes, corner of mouth require a long treatment.

Duration of Treatment:

It's a chronic and long standing disease. It takes time to see some results. The exact time can't be predicted how ever, improvement begins within 4 to 8 weeks. In most cases the length of treatment should be considered as over 1 to 2 years or even more. The success rate with homoeopathic treatment is considerably high compared to any other mode of treatment.

Cases

Master Sachin V. Patel: Himmatnagar, Gujarat. This young boy had multiple small and big white spots all over the body, most of them on face and legs. He took many allopathic and other treatments but nothing helped reduce spots. Lastly, he tried our treatment for 2.6 years and as a result all the spots disappeared. No relapse of white spots even after discontinuation of the treatment for last 7 years. With this we can definitely claim total cure for leucoderma.

Miss Bansri Patel: Ahmedabad, Gujarat. She had been having multiple white spots more on face and arms for long. She tried with different modes of treatment including homoeopathic medicines of other doctors. Results were not satisfactory. She took our medicines regularly now most of the spots are gone.

C - Lichen Planus

It is an inflammatory disorder of the skin and Mucous membranes of the unknown origin characterised by Violaceous scaly, angular papules on the flexure surfaces of the skin and even in the mouth.

Symptoms:

Brown to black in color
Irregular shape
Irresistible itching
Few spots to begin with and has tendency to spread.

Sites:

Usually bilateral and symmetrical on the waist, flexure surface of fore arm, lower back and genitalia are the common sites.
Itching is severe.
Mucous membrane lesions are present in 65 % of the patient. These are white reticulate areas seen in mouth & genitals

Treatment:

Lichen planus is an autoimmune disease and hence it is difficult to cure it with other systems of medicine but homoeopathy has the constitutional treatment. We, after careful analysis and evaluation of the patient history, have successfully treated good number of cases. Treatment duration varies from 6 to 12 months or more.

Cases

Mr. R. R. Dhuvad: A young medical representative says that he had lichen planus spreaded all over the body and had a long treatment but was not cured. At last with advice of a doctor he tried with Dr. Shah's treatment for 5 months and as a result today he is totally cured from the disease and living happily.

Mr A. S. Patel: Patanpura-Mansa, Gujarat. He was having lichen planus since 20 years. Small and big patches were all over body. He was tired of itching all over body. He had lost hope of getting cured having taken all modes of therapy and not getting benefited. At last, his disease was cured by our 6 months of treatment.

Mrs. Kailash M. Patel, Gandhinagar – 30 years, was having lichen planus all over her body. Dermatologist declared her conditions as incurable and asked her to continue steroids forever. But above conditions was cured with our treatment and she is not having any complaints in this regards.

D - Warts

These are hard, rough, small, lumps on the skin. Warts appear on hands, feet, neck, face, chest, edges of finger and toenail. Color of wart may be white-pink or skin color. Size very from small pimple to peanut size in some cases very big - up to 2 cm. Do not try to cut or burn the warts. Skin specialist doctors of allopathy are practicing electro cautery & chemical cautery for warts but it not a proper solution. It increases the strength of the disease and new warts appear due to suppressive mode of treatment like that. With our medicines warts get out and can be cured permanently without scars. Do not try to suppress warts. Do cure it with our mode of treatments.

Cases

Mr. Kamlesh. G. Patel: Rampur, Gujarat. He had multiple warts of various sizes all over the body. Dermatologists did chemical, electrocautery and other treatments but nothing came to relief. Even worse new warts continued to appear. After our treatment all the warts disappeared and there is no relapse thereafter.

Miss. Bhavana I. Patel: She was having warts on both hands. All the warts got cured totally by our oral medicines within 5 months of treatment and that too forever.

Mr. Jayesh D. Pandya: Dhambola, Dungarpur, Rajasthan. His right foot was packed with more than 1000 warts. He took all kinds of therapy in Rajasthan and Gujarat but was not benefited. At last all the warts disappeared after our treatment not leaving any scar or sign behind.

A. A. Mansuri: Modasa, Gujarat. This government officer was depressed due to incurable warts of face but got totally cured by our medicines.

Mr. Y. N. Vyas: professor at bhavans college, Ahmedabad, Gujarat. His face was disfigured due to multiple big warts. There used to be bleeding while shaving. He tried allopathic, ayurvedic and homoeopathic treatment for long periods but result were nil. At last he came to know about us from news paper. After 3 months of treatment all the warts disappeared and scars were also gone.

E - Urticaria

Symptoms

Severe itching. After scratching on skin there can be red rashes or welts.

Burning and itching on patches.

They subside with out any scar formation but may reoccur.

This can appear anywhere in the body and vary in size from small pimple like spot to raised patches.

Sometimes they disappear in short time but at times last for days or even weeks.

Causes

- Allergy
- Emotions
- Stress etc.

Treatment

We have cured almost all the cases of urticaria.

F - Blackness and Black Spots on Skin

1. Hyper pigmentation or blackness of body due to some diseases like anemia, exposure to sun (sun allergy).
2. Black or dark spots on body or face following eruptions, acne, injury, allergic skin diseases etc.
3. Dark circle around eyes or butterfly pigmentation on face particularly in females.
Blackness of body, dark brown or other spots on body can be removed by our treatment

G - Disorders of Nails

The following conditions of nails are curable with our treatment

- (A) Atrophy
- (B) Brittle
- (C) Thickened deformed
- (D) Inflammation under nail
- (E) Abscess and ulceration under nails
- (G) Pain under nails

H - Eczema

It is a chronic inflammatory condition of the skin that causes a distractive pattern of symptoms such as itching, scalling, thickening of skin and discoloration of skin also known as atopic dermatitis. It might be hereditary and is often associated with asthma.

Causes

- a. Allergy of dust, mites, detergents, rubbers, nickel plated jewellery.
- b. Stress either physical or emotional.
- c. Change of job might worsen the old condition.
- d. In babies diaper rashes.

Symptoms

Patches of chronically itchy, dry thickened skin usually on wrists, face, knees and elbows. Occasional redness and scaling, small eruptions and blisters that may cause fluid and blood.

6 - Allergic Disorders

Cold (Rhinitis), Cough (Bronchitis), Asthma, Skin diseases etc are common allergic disorders.

Allergy means a hyper sensitive state acquired through exposure to a particular allergen. Allergy is a response of the body defense system to certain substances known as allergens. When patient comes in contact with any allergens his/her body will defend it by releasing antibodies. The resulting reaction between antibodies and allergens triggers the release of histamine, which produces the symptoms of allergy.

Causes:

Environmental: Dust, grass, pollen, certain plants, animal hairs, chemical and industrial pollution.

Diet: Any food may be responsible.

Others: Soaps, perfumes, detergents, insect bites, antibiotics, jewellery, cosmetics etc.

A - Cold (Rhinitis):

This is a disorder in which there are episodes of Nasal Congestion, Watery Nasal Discharge and sneezing. There are frequent sudden attacks of sneezing with profuse watery nasal discharge and obstruction of nose accompanied by smarting and watering of eyes.

B - Cough (Bronchitis) & Asthma —dyspnoea:

It can begin at any age. The allergen responsible for asthma generally enters the bronchi with the inspired air. Allergens such as pollen, parasite containing house dust, feathers, animal danders and fungal spores.

Previous exposure to these agents will have stimulated the formation of reaginic antibody. Antibody reaction in the bronchi may follow further exposure to specific allergens. This

reaction provokes bronchial inflammatory reaction of allergic type in the bronchial mucosa. Similar effect may be produced by ingested allergens derived from certain food such as fish, eggs, milk, yeast and wheat, which presumably reach the bronchi via the blood stream.

Symptoms:

Initially feeling of restlessness with a painless tightness in the chest

Cough with wheezing or whistling sound while breathing

Mild to moderate shortness of breath and rapid breathing followed by feeling of anxiety, sweating and inability to lie down on the back.

In case acute attack of allergic asthma, the patient gets relief if he/she sits in forward bending position and if expurgates some sputum.

Treatment:

If the tendency to catch allergic cold and cough is not treated with homoeopathy it may convert in to tonsillitis, adenoiditis, sinusitis and at later stage in to bronchitis with asthma

We are having treatment that increases the resistance power of the body to fight with allergens. So, initially the intensity of the symptoms increases but it gradually decreases in later attacks. Body gets allergen proof. So, there won't be any reaction between allergens and body. Hence allergy can be cured. We have already cured large number of such patients.

DOs and DON'Ts

Try to find out the triggering factors that has brought the attack and avoid them in future.

Have good nutrition, balanced diet, adequate rest and relaxation

Yoga can also help by breathing exercises.

Cases

Mrs. Kokila Soni: age 55 years, She says that I was having allergic cold, sneezing, cough and asthma since 20 years. I tried with allopathic medicines including steroids that helped me for the time being but could not solve permanently. At last I went to Dr.Shah and took medicines for almost 2 years. As a result today I don't have any complaint even after discontinuing the treatment for last 5 years. Thanks to Dr. Shah.

Mr. Ramesh Prajapati: a businessman, He says that my son, age 3 years, had allergic bronchitis with asthma. We tried a lot to solve his problem with allopathic medicines by leading pediatricians but were unsuccessful. Later with the recommendation of some of my friends we went to Dr. Shah and after taking a continuous treatment of 6 months today he doesn't have any problem and is enjoying life happily.

Parth Thakkar: age 5 years, Palanpur, Gujarat, He is the son of dev. officer of L.I.C. Corp. , Mr. S.N.Thakkar. He suffered with recurrent attacks of cold and throat congestion, cough and dyspnoea. He took various allopathic treatments right from antibiotics to pump of asthalin to rotocap and aerocort (steroids) only to increase the intensity of disease in every next attack. At last he took our treatment and got benefited in all complains.

Master Aditya P. Shah: age 3 years, Bharuch, Gujarat, He is the son of Mr.P.V.Shah, an electrical engineer. He was having allergic rhinitis, allergic cough, severe breathlessness with high temperature due to exposure to cold wind, cold water, because of drinking cold water, icecream, change of weather, smoke and certain food items. This problem was since his birth. Child specialists of Vadodara, Bharuch, Surat and Ahmedabad gave him antihistamic, antibiotics, steroids pump and other medicines. He had to be hospitalized every month because of severe attacks. This child used to cry a lot due to suffering and his young parents were tired of this incurable condition. They were in the search of proper and permanent solution. With the advice of child's grand father they came to us and

started our treatment. After initial aggravation child patient got relieved of all problems. Today after 8 months there is no attack of bronchitis or rhinitis. The child can have cold water and icecream. This gives us immense pleasure and satisfaction.

Mr. Jayesh Patel: Ahmedabad, Gujarat. He gives statement that his wife Bhavana, his son Ajay and his daughter Ruchi had same complain of allergic cold, cough and breathing difficulty. They for relieved a lot with our treatment and also got rid of recurrent allopathic treatment.

Mrs. Maya Vyas: A school teacher, She was having cold, cough and breathing difficulty since 20 years. She tried allopathic and ayurvedic treatment but none of them succeeded to solve her complain permanently. She got cured completely with our 3 months treatment. Now after 20 years she is in position to enjoy her hobby of singing.

Miss Chandrika K. Minama: age 17 years, She suffered from dyspnoea with severe breathing discomfort for 4 years. She tried steroids and other drugs but was not recovered. She got cured after our 1 year medicines.

Mr. Raman Prajapati: He was tried because of long standing cold with running nose and severe sneezing. Today, there is no complaint regarding allergic cold after our treatment even after 8 years.

Y. P. Shah: Modasa, Gujarat, His wife was having recurrent allergic cough along with chest pain and breathlessness. She also got relieved after our treatment.

Mr. Ranjitshih Solanki: He gives statement that his son and brother in law were having cold, cough and dyspnoea. They got cured totally with our treatment.

7 - Hair Fall and Baldness

Men and women are very conscious about beauty of hair so if hair fall or baldness starts they try different remedies. Among all these the homoeopathic treatment proves to be the best, safe and long lasting remedy.

On an average a hair grows about 14 mm a month.

A healthy adult normally shed between 20 to 30 hairs every day.

Causes:

1. Scalp infection and certain skin diseases of scalp like psoriasis, eczema, lichen planus, dandruff, allergic dermatitis etc.
2. Nutritional deficiency especially iron deficiency and protein deficiency
3. Poor protein diet
4. Certain drugs like strong antibiotics, steroids and chemotherapy
5. Anti cancer drugs
6. Hormonal changes specially during pregnancy and menopause, discontinuation of contraceptive pills
7. High fever like malaria and typhoid
8. Hereditary

Symptoms:

Sudden or gradual change in any of the following 5 factors is known as disease conditions of hair:

- Density
- Texture
- Pattern
- Color
- Broken hair or split ends

Types:

1. Alopecia areata: Hair fall in small coin shape area.

2. Alopecia-totaris: Total hair fall from scalp.
3. Alopecia-universalis: Hair fall from whole body is known as alopecia universalis.

Treatment:

We are having specific treatment for all conditions of hair fall and baldness. We have proven record of large number of cured patients. While encouraging immunity, disease of scalp can be cured and hair roots become healthy so hair growth is also improved.

Cases

Mrs.Savita B. Patel: Wife of deputy engineer had 90% baldness and hair loss from scalp. She tried allopathic and ayurvedic treatment along with different hair tonics. Everything failed to solve her problems. After our 4 months treatment all hair came back and baldness was cured completely in 1990. Since then there has been normal growth of hair.

Mr. A. B. Desai: His hairs of eye brow were lost. It came back completely after 3 months of treatment.

Mr. Chirag C. Patel: Young patient of 11 years had baldness followed by scalp infection and pustules. He came to us and after 6 months of regular treatment got relieved completely from skin disease baldness. There is no relapse since 12 years.

Miss Shital M. Patel: (16 years) Hair loss and baldness got cured after our 7 months of treatment. She was not benefited by treatment of leading dermatologists of state.

Mr. J. D. Patel: (40 years) He tried so many treatments for baldness but there was no success. After our 5 months of treatment happiness came back in his life. Today he has normal growth of hair.

Mr. M. M. Malivad:

He had been suffering from baldness for long. Total hair recovered by our medicines. Now even after discontinuation

of treatment there is no further complain.

Miss Monika K. Darji: (6 years) This young child from Galiyakot, Rajasthan had sudden hair fall followed by baldness. She got cured by our treatment.

Mr. Bipin Prajapati: (35 years) This mathematics instructor in ITI college was having hair fall and baldness on the back part of scalp. He got completely and permanently recovered by our treatment.

8 - Migraine & Headpain

A - Migraine

It causes recurrent headache usually one sided accompanied with gastric, visual and other signs. The patient is completely normal between two attacks.

Causes

- a) Stress - e.g. examination or important interview
- b) Food allergy
- c) During menses
- d) Missing meals
- e) Drugs- birth control tablets
- f) Over exertion
- g) Exposure to sun
- h) Sleeplessness or excessive sleep

Symptoms

- Severe one sided head pain
- Visual problem such as seeing - dazzling - zigzag lights
- Eye can not tolerate light
- Dizziness
- Drowsiness
- Nausea
- Vomiting
- Headache increased by movement
- Giddiness

Intolerance of light and noise
Irritability
Anxiety

B - Headpain

Headache is of various types like tension headache, migraine, cluster headache and sinus headache

Causes

- a. Most of the head pain is caused by tension in the muscles of the neck and scalp after periods of stress.
- b. Eye strain rarely produces headache
- c. Sensitivity to certain food
- d. Change in weather and attitudes
- e. Hormonal fluctuations
- f. Emotions
- g. Certain medicines
- h. Smoking
- i. Alcohol
- j. Fever
- k. Head injury
- l. Meningitis

Symptoms

Head pain in Migraine is usually severely throbbing and involves one side of the head.
Vomiting and blurring of vision.
Dull steady pain as of a band around head in case of tension headache.
Pulsating pain with nasal congestion in case of sinus headache.
A sudden severe headache like a blow may indicate internal bleeding somewhere underneath the brain.
Meningitis produces severe headache aggravated from light and accompanied by stiff neck.

9 - Depression

A low feeling with sadness along with loss of interest in regular and social responsibilities constitute depression.

Causes:

1. Sudden changes of life style
2. Emotional stress, medication, hormonal changes
3. After infections like flew & typhoid.

Symptoms

Sadness and hopelessness
A feeling of worthlessness, helplessness
Guilt
Anxiety
Irritability and agitation
offent desire to cry
Loss of interest in daily activities
Poor memory and concentration
Sleeplessness
Lack of energy
Easy fatigue
Thoughts of suicide or death

Cases

We have cured no. of cases suffering from depression without any adverse effect.

We do not expose name of any cured patient unless otherwise permitted by the patient himself/herself.

Mr. Jignesh Dave: A young industrialist of Ahmedabad and his wife Mrs.Rita Dave, This couple suffered from depression with symptoms of lack of confidence, lack of concentration, no desire for any work, loss of interest in going out and negative thinking. Despite treatment of psychiatrist they were not recovered. At last they started our treatment and got cured completely.

Mr. Bhavesh M. Patel: A School teacher, He was having severe depression with hyper acidity, pain in abdomen and chest. He was relieved a lot from all the complaints permanently after taking our treatment.

Mr. Naresh. P. Pandya: He had been a patient of depression for a long time. Finally he came out of that after 10 months of our treatment.

Mr. Mahmud Arif Shekh: Dahod, Gujarat, He was suffering from depression since long with symptoms of anxiety, sleeplessness and lack of confidence. Because of this he remained unmarried till the age of 35 years. He was compelled to take 20 tablets of depression and sedatives. All of his complaints disappeared by our treatment. Today he is enjoying his happy married life with out taking any medicines since 7 years.

Mr. H. M. Patel: Class one government education officer He had depression for quite a long time. He suffered due to lack of confidence, lack of concentration, negative thinking. He was not able to go out alone. He also felt fear to appear or address in public. The treatment of psychiatrist failed to relieve his depression permanently. He was totally recovered from depression having been treated by us.

10 - Children Diseases

- A - Homoeopathy is the best friend of children. The reasons being:
- a) Homoeopathic medicines are sweet in taste and tablets are very small in size so a child gets convinced easily to take the medicines.
 - b) Homoeopathy medicines are easy to take
 - c) There is no side or adverse effect of these medicines
 - d) These medicines improve body resistance power so recurrent acute illness can be prevented like cold, cough, bronchitis, tonsillitis and viral infections etc.
 - e) Surgery can be avoided in conditions like tonsillitis, piles, fissure, fistulae, vocal cord nodules, polyp in nose, urinary stones, warts and corns etc.
 - f) Psychosomatic disorders
 - g) This treatment has helped in lack of confidence, concentration, weak memory, exam fear etc.
 - h) Homoeopathic treatment is effective in various disorders of children like
 Bed wetting, Worms, Undescended testicles, Mal developed genital & testicles, Recurrent cold, cough and asthma, Tonsillitis, Skin diseases, Mal development of body and mind, Teething complains, Headache while studying, Arthritis, Urinary stones etc.

B - Worms

Types:

1. Thread worm
2. Tape worm
3. Round worm

Causes:

- a. Bad surrounding hygiene
- b. Bad unhygienic habits

- c. Poor sanitation
- d. Raw food or under cooked meat
- e. Contact with unclean house pets

Symptoms:

- | Pain or discomfort in abdomen mainly around umbilicus
- | Diarrhoea or constipation
- | Weight loss
- | Nausea
- | Irritable mind
- | Anemia
- | Weakness, fatigue, fever
- | Loss of appetite
- | Cough, wheezing and breathing difficulty
- | Itching in anus

With our treatment worms get out while encouraging body resistance power and permanent solution can be possible.

C - Bed Wetting

Normally most of the children develops bladder control up to the 4 years of age. So if child continue uncontrolled urination in bed even after 4 years age require treatment

Causes:

- a. Slow development of bladder control
- b. Anxiety
- c. Urinary tract infection
- d. Juvenile diabetes
- e. Worms
- f. Psychological upset

Symptoms:

- | Child sleeps deeply at night and it is difficult to arouse the child
- | It may not even understand that bed is wet.

Along with bed wetting child might show symptoms of excessive fear, emotional liability and parent-child mal adjustment.

Do and Don'ts:

- | Give the positive reward
- | Praise and encouragement for every dry night
- | Do not make the child feel guilty about the episodes of bed wetting and do not scold him/her.
- | See that child empties the bladder before going to bed.
- | Hitting the child does not solve the problem.

Treatment:

We have cured almost all the cases of bed wetting.

D - Cold, Cough, Bronchitis, Breathing Problem, Adenoiditis and Sinusitis:

Children suffer more frequently with these diseases. Tendency to catch cold and cough if not treated with homoeopathic medicines can turn in to chronic tonsillitis, sinusitis and adenoiditis. If suppressed with other medicines, this can even lead to bronchitis and bronchial asthma.

11 - Acidity

Acidity is a general term which usually refers to regurgitation of acid or partly digested food from the stomach in to the food pipe [oesophagus] or mouth. The sourness is due to over secretion of acid in stomach

Causes:

1. Stress
2. Over eating
3. Obesity
4. Alcohol and smoking
5. Irregular eating habits
6. Certain drugs like aspirin, analgesic, antibiotics etc.

Symptoms:

- | Burning in the chest after eating
- | Sour eructation
- | Sour or bitter vomite

Treatment:

We have specific medicines for acidity. Excess secretion of acid can be regularized by our medicine so permanent solution of acidity is possible. We have cured number of patients of acidity.

12 - Diseases of Nose and Throat

a - Tonsillitis

Tonsils are a part of body's defense mechanism and are the first line of defense to prevent respiratory infection. Tonsils can get inflamed due to virus against which the child has not yet developed resistance and also due to bacteria like spectococci.

Symptoms:

- a. Pain and inflammation in the throat
- b. Redness and swelling of tonsils
- c. Fever and headache with sore throat
- d. difficult speech and swallowing
- e. Swollen and painful nodes felt in the neck

Treatment:

As our medicines help to strengthen body resistance power, the body gives good fight to virus or bacteria. Gradually intensity of tonsillitis diminishes and cure takes place. No need to go for removal of tonsils.

b - Nasal polyp and nose blocking

Nasal polyp is very common problem of nose. Most probably it relapses after surgical removal. It is a protuberance of the lining of the nasal cavity in the nose.

Causes:

Primary cause is allergic cold.

Other probable causes are sinus infections and over use of aspirin.

Symptoms:

- | Nose block i.e. obstruction of nose for long.
- | Difficulty in breathing through nose

- | Diminished sense of smell
- | Headache
- | Pain and heaviness around the nose

Treatment:

We are curing the root cause of polyp i.e. allergic cold so gradually size of it can reduce and at the same time symptoms also start disappearing. It is not advisable to go for surgical removal of nasal polyp.

c - Sinusitis

Inflammation of the para-nasal sinuses is known as sinusitis. Sinuses are in the bones of the face, eyes and the nose.

Causes

Upper respiratory tract infection, nasal polyps, allergic cold and tonsillitis are the common causes.

Symptoms

| Nasal obstruction, Post nasal drip, Pressure behind the eyes, Sensation of fullness of face, mild fever and headache, sore throat and inflammation around eyes are main symptoms.

d—Adenoids

In the back of the nose there is a small pad of tissues whose job is to keep out infection. When this pad deals with repeated infections it can become chronically enlarge causing a condition called adenoids.

Causes:

Allergy and repeated infection

Symptoms:

| Headache, fever, breathing through mouth due to nasal obstruction, snoring, nasal voice, discharge from nose

with cough and recurrent ear infection are the symptoms of this disease.

e - Post nasal catarrh

This is the most annoying complications of various respiratory complaints. Mucus is a normal product of the nose and its passages but when in excess it finds its way into the throat and drips in to the lungs esp. at night or during coughing or if the mucus is too thick.

Allergy is most common of cause while in some cases reasons could be infection, stress and certain drugs like birth control drugs.

f - Snoring

One in every six adults snores i.e. breaths in such a way that the soft palate of the roof of the mouth vibrates making a rough, hoarse noise during sleep.

Causes:

Probable causes are

- a. Obstruction of nose
- b. Alcohol abuse
- c. Sleeping pills
- d. Anti hysteric drugs
- e. Large soft pillow
- f. Sleeping on back
- g. Obesity

g - Throat congestion - sore throat***h - Hoarseness of voice***

Treatment of nose & throate disease

Treatment of above mentioned conditions is possible by our medicines that are safe and long lasting solution. Do not go for antibiotics, steroids and surgery etc.

13 - Surgical Disorders

Disorders that can be cured by homoeopathic treatment are as follows...

Piles, Fissures, Fistula, stye & corns

a - Piles, Fistula & Fissures

Piles are caused by swollen veins inside or out side of anus.

Causes:

- | Straining to expel constipated stool
- | Over purgation
- | Long standing diarrhea
- | Colitis
- | Dysentery
- | Pregnancy
- | Straining to urinate as seen in the stricture of urethra or enlarged prostate
- | Cancer of rectum
- | Hereditary tendency

Symptoms:

It is the most common cause of anal bleeding, bleeding is bright -red, along with stool mucus discharge and itching, sensation of incomplete stool.

- *Fistula and fissures* in anus are very painful conditions.

We have very specific and effective medicines for above conditions of anus.

b - Stye

It's red, hot, painful and irritating swelling of the eyelids that comes out after few days and discharges pus. These are small boil like swellings on the glands that lubricate eyelashes.

They also cause itching of the eyelids

Do's and Don'ts:

Wash your eyes regularly

Apply warm application 2 to 3 times a day

c - Corns

Corns are formed by thickening of the skin i.e. over sensitive skin, pressed or rubbed against underlying bones. Corns occur on toes, balls of feet and hands. They cause pain while walking and on pressure on it. It might get infected or ulcerated and might also discharge pus. We have cured cases of corns by oral medicines only. No need to go for surgical removal of corns.

14 - Diseases of male & woman genital organs

A - Diseases of Male Genital Organs

We have treated a large number of patients having different disorders related to male genital organs. We are having very specific and well proved therapy for different conditions of male sexual disorders as follows:

1. Impotency
2. Weak or loss of erection of penis
3. Atrophy of testicles & penis
4. Less developed penis & testicles
5. Quick seminal discharge or no discharge of semen
6. Sterility in male

Sterility in Male

Causes:

- a. Low sperm count
- b. Malformed sperms
- c. Mal development of testicles

Dos and Don't s:

- | Do not blame your spouse for infertility
- | Do not get stressed before intercourse and try to enjoy the experience
- | Avoid smoking and alcohol
- | Avoid tight fitting underwear

Treatment:

Homoeopathy offers very specific medicines and we are having satisfactory results in cases of male sterility

B - Diseases of Woman Genital Organs

1. Sterility
2. Leucorrhoea - white discharge

3. Late, early, irregular, profuse, scanty, painful, dark or black menses. Clots with menses
4. Atrophy or less developed uterus and breasts
5. Ovarian and uterus cyst
6. Dryness of vagina and painful coitus

Sterility In Women - Infertility

Infertility is the inability to conceive after a year of practicing unprotected intercourse.

Causes:

1. Lack of ovulation
2. Uterine and ovarian malformation
3. Any infection, inflammation of the genital tract

Again do not blame your spouse for infertility, avoid alcohol and smoking.

Treatment:

Specific medicines are available in homoeopathy & we have proven record of successfully cured cases of woman sterility.

15 - Steroids

Side effects of steroids are as follows:

- | Weight gain
 - | Oedema
 - | Hypertension
 - | Weakening of bone may turn in fracture or osteoporosis
 - | Weakness of muscles
 - | Moon shape face - swelling of the face
 - | Increase in hair growth in females especially on non-hairy areas such as face and chin.
 - | Increased glucose level in blood
 - | Glucoma
 - | Infection - due to decreased general immunity
 - | Hair loss
 - | Acne and Pimples on face
 - | Growth retardation in children
 - | Some young people on steroids may develop cataract
- | Side effects of cortico steroids depend on Individual susceptibility, High doses and length of the usage. Steroids are mainly used in autoimmune diseases.
- | In our practice, we have cured autoimmune diseases like allergic cold, cough, asthma, rheumatoid arthritis, skin diseases and so on. As described earlier,
- | Our treatment helps to improve immunity the body resistance power so that body can give fight to diseases elements and cure can take place as early as possible.
- | Withdrawal of steroids has also been made possible by our treatment in a large number of cases.
- | Adverse effects of steroids and chemotherapy can also be eliminated by our medicines.
- | This is how we have been serving the society and will continue this job throughout our lifespan.

16 - Hormone Therapy

Hormone therapy during menopause or after hysterectomy (surgical removal of uterus) is common. It should be avoided as long as possible due to its side effects. We do offer good results in conditions which require hormone therapy like

- | Irregular menses
- | Hot flushes
- | *Excessive sweating and itching on body
- | Sleep disturbances
- | Anxiety, depression, increased nervousness, irritability
- | Pain full intercourse due to dry ness of vagina etc.

17 - Debility - Exhaustion - Weakness

We have effective medicines for debility which occurs after Some severe disease

- Excessive bodily exertions
- Excessive mental labor
- Sexual excesses
- Exposure to heat

18 - Frequently Ask Questions

1. Why all the medicines of homoeopathy looks a like ? are they all are same medicines?

Small round tablets of homoeopathy are sweat in test preapred from can sugar . this tablets it self are not medicines , but it is a vehical to carry the medicines. we are adding perticular dilution of medicine to prepare that medicine. this way medicines are different as different named dilution used to prepare medicine approximately more than 2500 medicines are used in homoeopathy.

2. Why the homoeopathy medicines are harmless ? no side effects?

Because homoeopathic medicines are in potentise form [not in crude form] subsent used in medicine will be in very minor quantity almost tense to nil so no side effect of our medicines.

3. How do homoeopathic medicines cure different dieases?

Our medicines are in the form of power so if proper medicine is selected by homoeopath it will increase the body resistance power(immunity) and will activate the weak organs of the body. This is how body gives fight to the disease power and cure takes place. We do not suppress the disease but ideally cure it. Cure takes place as follows:

- From vital organs to surface ones. Hence symptoms disappear in the reverse order of their appearance. Homoeopathy aims at a permanent cure by removing the deficiency present in the body which is mainly responsible for the various disease elements.
4. Is it true that homoeopathy is totally opposes the surgery?
Not in all conditions but of course in certain conditions.

Homoeopathy does not oppose surgery. Like all the systems of medicine this one also has some limitations. In those cases, if treatment is impossible with us, we do advise the patient for surgery. We have good results in some surgical conditions. We have cured large no of patients suffering from following surgical conditions:

- Urinary stones
- Gall stones
- Osteoarthritis in joints and vertebrae
- Piles, fissures, fistula
- Warts on skin and genitals
- Enlarged tonsils
- Nasal polip, adenoiditis, sinusitis and other E.N.T. conditions
- Cyst like ovarian cyst, cyst in uteres, liver and otherorgans.
- Mal union of fractured bones.

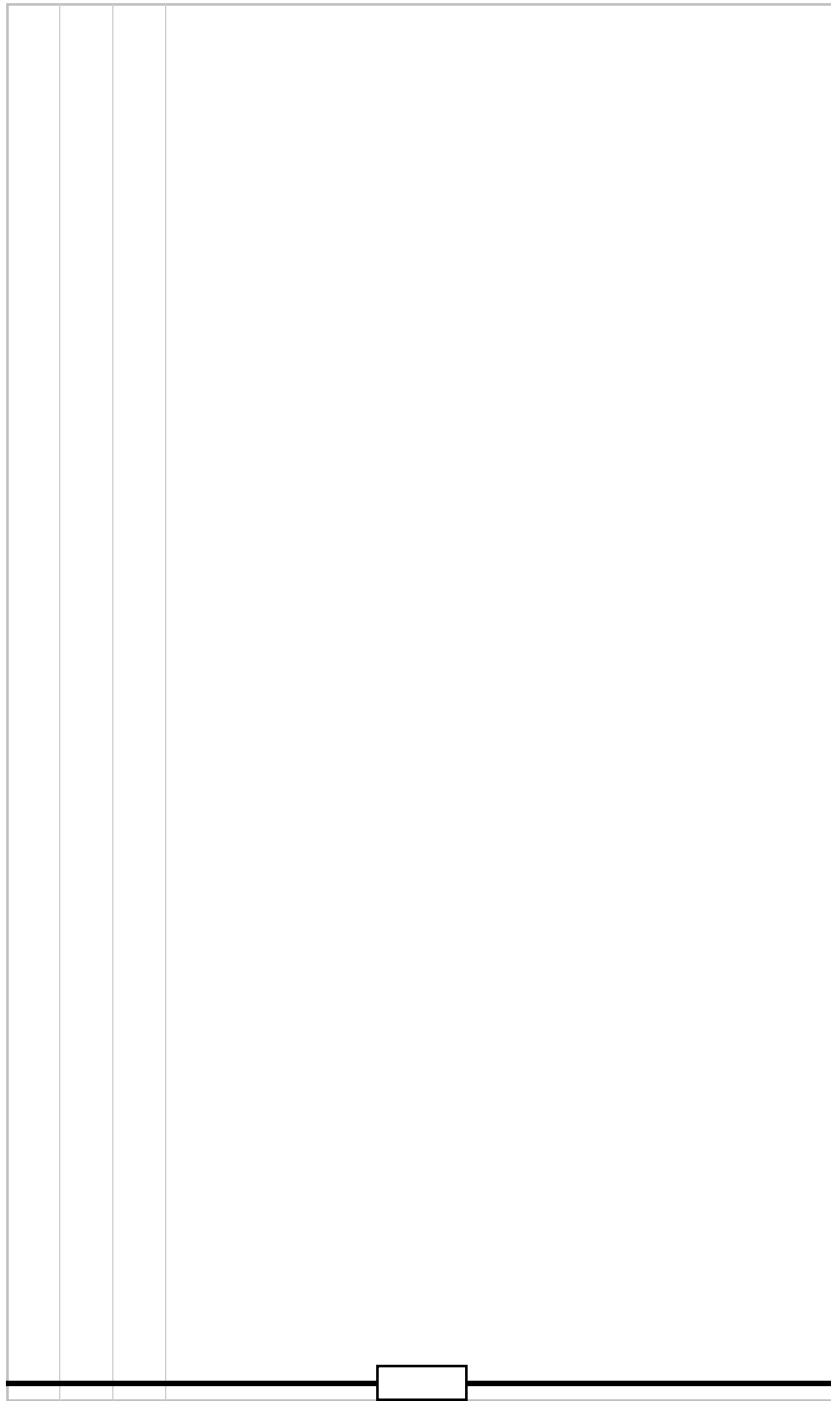
Particularly in disease conditions which require recurrent surgery, homoeopathy definitely helps.

5. To what extent homoeopathy is modern science?

Homoeopathy was found before 200 years but as per demand of time modernization has taken place in our science. IN this system, we are taking each case as a unique case. Now with the help of different software, analysis and evaluation of each case becomes very easy and time saving. After taking case history with the help of 98,000 permutations and combinations, we can select proper medicines. More than 1600 websites have been also developed on homoeopathy. Because of constant research work, there is improvement in the quality of our medicines. Thus we can say homoeopathy gets established as modern science. We have regular and frequent scientific seminars in country and abroad to share latest upgrades of this science.

6. Why homoeopathy is well-known?
Homoeopathy helps who are tired of other systems of medicine. It cures no of disease without any adverse effect. Due to patient to patient canvassing it has become popular every passing day.

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